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Helping people. It's who we are and what we do

ZERO Suicide
IN HEALTH AND BEHAVIORAL HEALTH CARE

ZERO SUICIDE!
WHERE ARE WE
AND WHERE ARE
WE GOING....

THE GROUND FLOOR OF ZERO SUICIDE...

- Henry Ford Zero Suicide
- Suicide Prevention Guidelines for Health Care Providers
- In 2001, Henry Ford Behavioral Health was the first to pioneer and conceptualize “zero suicides” as a goal and develop a care pathway to assess and modify suicide risk for patients with depression. This landmark approach led to zero suicides for 18 months in 2009-2010, and a statistically relevant decrease in suicide rates within Henry Ford from its inception. This innovative work was recognized with [The Joint Commission’s Ernest Amory Codman Award](#) and the American Psychiatric Association’s Gold Award.
- In the years since Henry Ford first envisioned “zero” as the goal, a worldwide Zero Suicide movement has emerged. Mental health organizations and governments across the globe have embraced the idea and designed a growing number of programs intended to prevent suicide deaths. However, many health systems and organizations have struggled to eliminate suicide and the statistics clearly speak to the ineffectiveness of those models.

<https://www.henryford.com/services/behavioral-health/zero-suicide>



ZERO SUICIDE MAKING AN IMPACT TODAY..

- Centerstone (Kentucky, Indiana, Illinois, Tennessee, Florida)
- Magellan Health (Maricopa Arizona)
- New York State Office of Mental Health Division of Quality Management (Statewide)
- Missouri Department of Mental Health (Statewide)
- Joint Commission
- Texas (ZEST)

ZERO SUICIDE INITIATIVE

- Suicide prevention is a core responsibility of health
- Apply new knowledge about suicide & treating it directly
- A systematic clinical approach in health systems, not “the heroic efforts of crisis staff and individual clinicians.”
- Shift from fragmented suicide care toward a holistic and comprehensive approach to patient safety and quality improvement within healthcare systems.
- System-wide approaches have worked to prevent suicide:
 - United States Air Force Suicide Prevention (18 Months zero suicides)
 - (et al., 2009)

7 FUNDAMENTAL ELEMENTS OF ZERO SUICIDE

- LEAD - system-wide culture change committed to reducing suicides
- TRAIN – a competent, confident and caring workforce
- IDENTIFY – patients with suicide risk with comprehensive screenings
- ENGAGE – all individuals at-risk of suicide with a suicide care management plan
- TREAT – suicidal thoughts and behaviors using evidenced based treatments
- TRANSITION – individuals through care with warm-handoffs and supportive contacts
- IMPROVE – policies and procedures through continuous quality improvement

WHERE ARE WE?

LEADERSHIP / TRAIN

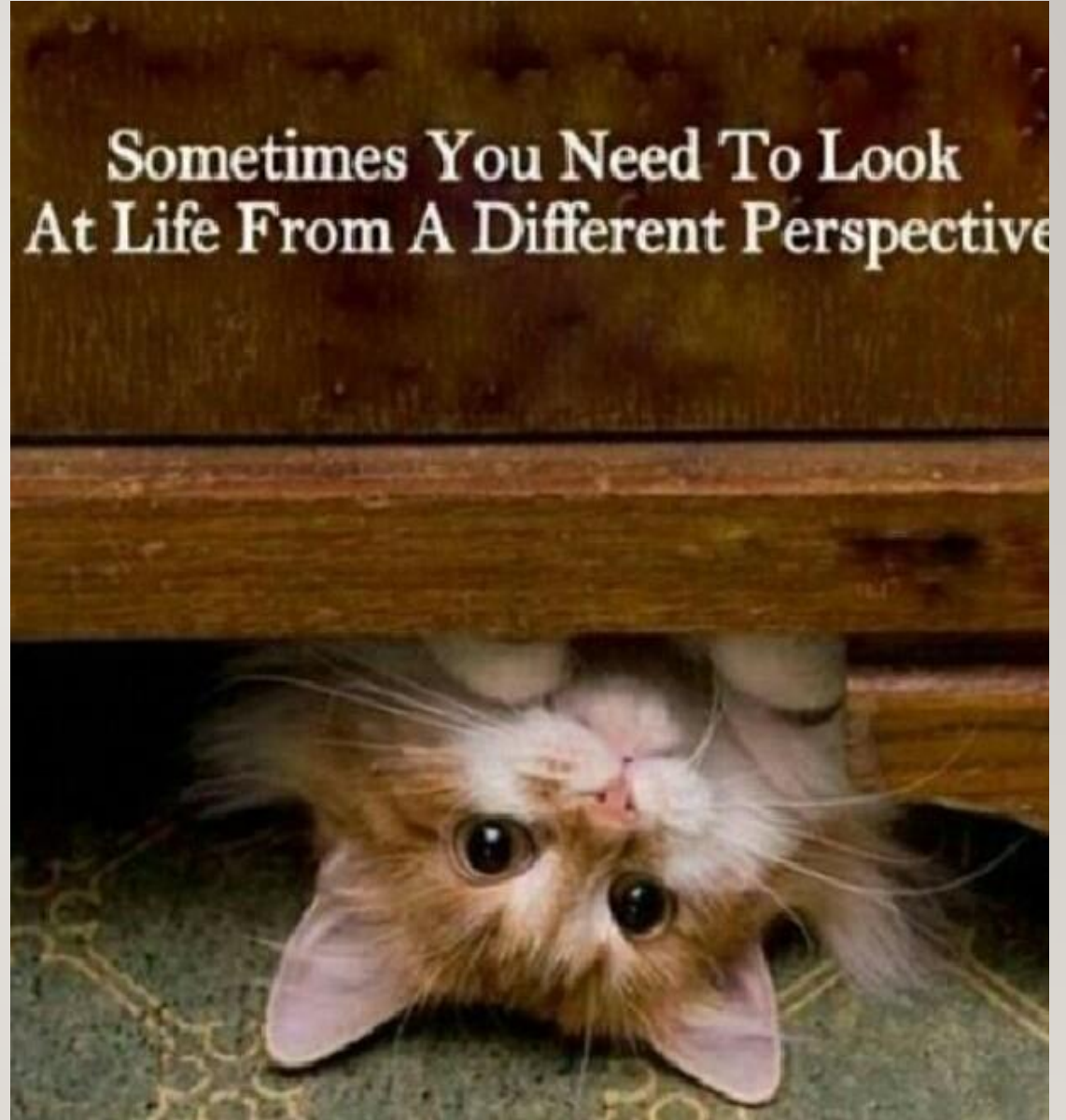
- ZS Coordinator – meeting and greeting our key players out in our state
- ZS Workforce Survey – is ready to launch via SurveyMonkey; We have launched through some of our rural partners and have been getting some good data
- Data will be provided to individual providers by department break down; data can be provided by county and city if needed (survey is filled out correctly and I get enough responses back)
- ZS will send out reminder emails to leadership for support as survey is released
- Working on a statewide ZS toolkit: State resources, assessment tools/instructions, information, and more... Completed before the Zero Suicide Academy Late Jan/early Feb 2020
- Developing a statewide Mental Health Trauma Disaster Relief Team (MHTDRT)
- Faith based initiative to develop natural community supports

WHERE WE ARE GOING...

- Survey's out by June!
- Survey completed September 2019?
- Data out by end of November 2019
- October 16-17, 2019 National Suicide Conference – Las Vegas
- November – January ready ourselves for the Zero Suicide Academy
- End of January / Beginning February 2020: Zero Suicide Academy!!!
- Repeat Workforce Survey: Improve..
- Watch our statistics go down.....

QUESTIONS....

Sometimes You Need To Look
At Life From A Different Perspective



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REFERENCES:

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- Arizona <https://magellanhealthinsights.com/category/suicide-prevention/>
- ZEST – <https://sites.utexas.edu/zest/>
- NYC Zero Suicide – <https://www.omh.ny.gov/omhweb/dqm/bqi/suicideasaneverevent.pdf>